



Meals on Wheels

of Polk County, Inc.

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mealsonwheelspolk.com

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Holiday 2022

ADOPT-A-RECIPIENT "ANGEL MEALS"

Dear Friends,

Meals on Wheels of Polk County is serving over 130,000 meals this year to 1,200 homebound recipients.

2023 ADOPT-A-RECIPIENT "Angel Meals"

\$40 gift will feed one person for a week

\$175 will provide meals for a month

\$2,080 will sponsor a homebound person for a year.

400 volunteers will drive many miles to ensure that the recipients receive a hot, nutritious meal and a face-to-face encounter with a "friend" each day! Our meals:

- Bring comfort and peace of mind to the many we serve and their families.
- Provide Hot mid-day meals to homebound seniors and the disabled who have difficulty shopping for or preparing a meal.
- Empower many to avoid nursing homes or institutions and remain comfortable and secure in their own surroundings.

This gift will not be put on a shelf or in a drawer. It is a very **"SPECIAL GIFT"**. Through Meals on Wheels, you can give to those who need our help. This year costs have doubled and tripled. The last few years have been more difficult. We have had to get creative with our programs and our staff/volunteers have been incredible. Due to the pandemic our number of homebound recipients has doubled. Your support is essential during this time. Your community needs you now more than ever. Thank You!

Sincerely,

Susan Eldridge

Susan Eldridge
Executive Director

Check out our Meals on Wheels videos on our website

<https://mealsonwheelspolk.com>

*Volunteers Needed "Together We Can Deliver"
Help make a difference today!*

*Senior hunger and isolation is a real part of our community!
Partner with us now to reach out to our homebound*



All of the Meals on Wheels staff and Board of Directors join in wishing you and your family joyous and peaceful holidays!

*"Nourishing and Enriching
the Lives of our Homebound"*